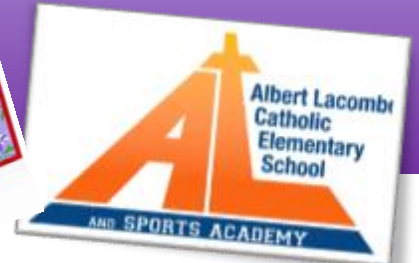


B.E.A.R. Bones

April 24 - 28



April



This week at AL:

VOLUNTEER APPRECIATION WEEK

Monday, April 24:

*Gr. 5 Immunizations 8:30 a.m.

*SEEALS Hot Lunch OPA! Of Greece

Tuesday, April 25:

*May Hot Lunch Orders Due

Wednesday, April 26:

*Coffee & Muffins for our parents & volunteers
7:45 – 8:15 a.m. in front of AL

Thursday, April 27:

*SEEALS Hot Lunch Panago Pizza

Friday, April 28:

*PD Day - NO SCHOOL for Students

Volunteer and Parent Appreciation Week!

Albert Lacombe Staff would like to say Thanks a Latte! for all of the great support to our school this year.

Our School Staff will be outside the front of our school on Wednesday, April 26 from 7:45 - 8:15 am serving coffee and muffins to all of our parents and volunteers!

Thank you once again for your efforts and for volunteering so much of your time to support our students and Albert Lacombe School.

Please complete
our Parent Survey.
Your feedback is
greatly
appreciated!



Please take a few minutes to complete our District Parent Satisfaction Survey. The Deadline to complete the survey is April 30. Your feedback is welcome and valued as we move forward towards enhancing student learning at Albert Lacombe School. Please click on the link below to begin the survey
<https://www.surveymonkey.com/r/B8F32D8>

ATTENTION: School Council Meeting Date Changes:

May meeting is now on Tuesday, May 30th.
There will be no meeting in June.



Registration Packages for the 2017- 2018 School Year are now overdue. Please get them in as soon as possible.

780-459-4478

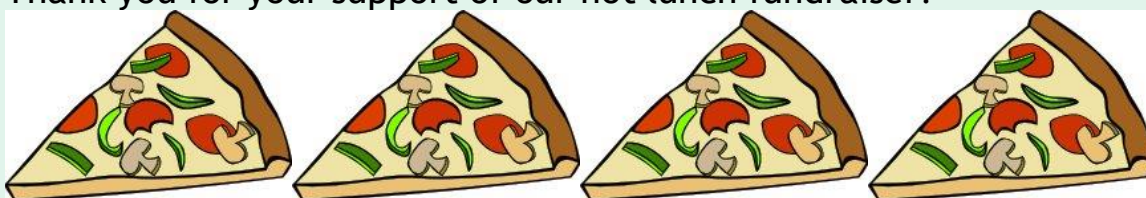
Did you know...

All of our Grade 4's are working on their Light and Shadow unit in Science. Mrs. Moser has created a MakerSpace designed around this unit that all of the Grade 4's get to participate in. More than half of this science unit will be covered by hands on, cooperative activities teaching our students not only the designated learner outcomes, but also focusing on some of our competencies: problem solving, critical thinking, and collaboration.



Hot Lunch Deadline Reminder

May orders are due Tuesday, April 25th. Please contact Natalie Monette if you have any questions. natalie.monette@yahoo.ca
Thank you for your support of our hot lunch fundraiser!



VOLUNTEER APPRECIATION WEEK, APRIL 23 - 29

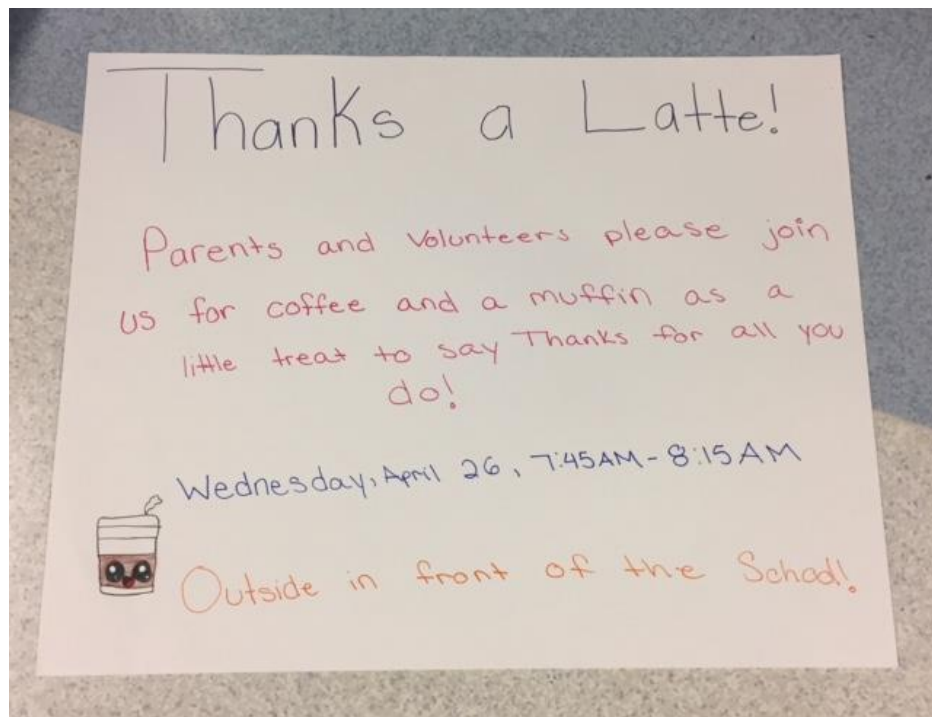
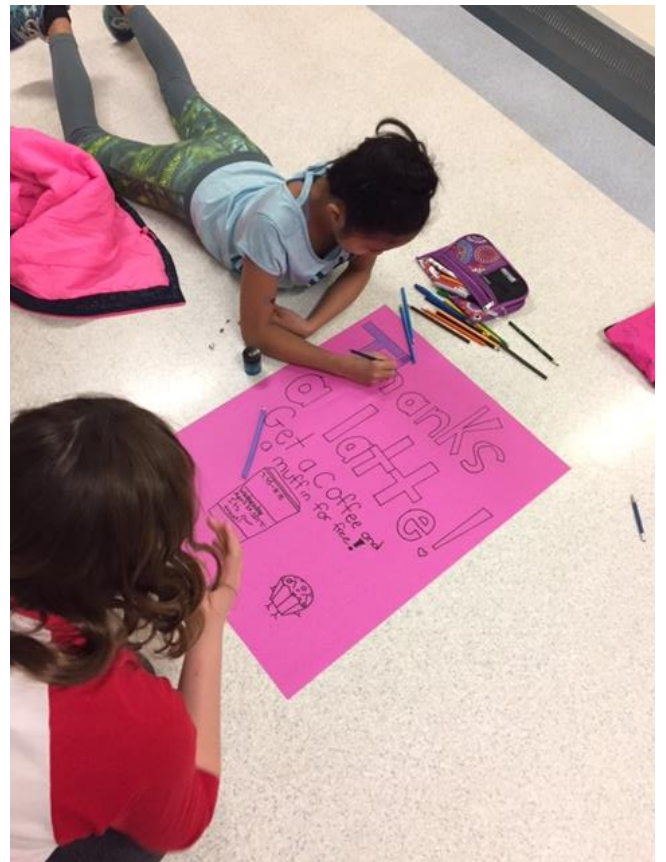
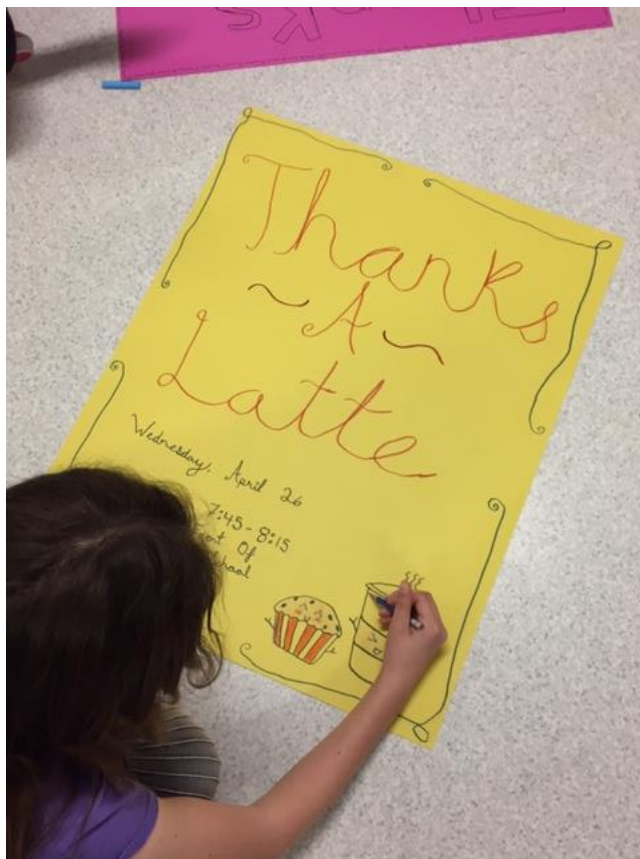


To our volunteers - your gift of time has contributed to so much for Albert Lacombe School in 2016-17!

School Council and SEEALS Funded in 2016-2017	Amount
Artist in Residence (Imagination Academy - linocut printmaking)	\$ 2,411.17
Board Games for Classrooms	\$ 670.57
Children's Magazine Subscriptions	\$ 75.00
Classroom Enhancements	\$ 1,101.28
Compassionate Friends	\$ 451.78
Development and Peace Donation (Pink Bake Sale Proceeds)	\$ 381.00
Food Bank Donation	\$ 353.67
In School Charity (field trips)	\$ 268.00
Learning Commons	\$ 2,000.00
Lego Building Sets	\$ 250.00
Poetry and Picture Books	\$ 300.00
Raz Kids	\$ 1,022.26
School Patrols Appreciation	\$ 77.11
Shrove Tuesday	\$ 435.77
Spirit Days (Terry Fox Run/Halloween/Christmas)	\$ 136.09
Staff Appreciation	\$ 366.07
Walkie Talkies for Lunch Supervisors	\$ 1,548.75
WE Day	\$ 53.60
Total	\$ 11,902.12

Thank you to our wonderful volunteers for their gift of time!

From your Albert Lacombe School Council and SEEALS team





Greater St. Albert
Catholic Schools

Counsellor's Corner

May 2017

Save the date! The 2017 Hats On! For Mental Health Day will occur on May 3.



Each May, Albertans are invited to wear a hat to raise awareness of the importance of good mental health. Participating schools will relax hat rules and encourage students and teachers to build understanding by wearing hats to school.



The Psychology Foundation of Canada is a national charitable organization whose focus is on mental health promotion in Canada. As May 3-7 is Mental Health week, it's time to consider how to help children cope with stress.

Adults aren't the only ones who feel stressed – kids do too. Some stress is normal, but too much stress can become toxic for both children and adults!


For tip sheets and other high-quality downloadable resources, visit: <https://psychologyfoundation.org>

Click on “Resources”, then “KHST Download Resources”, or explore other tabs.

help

There are ways that you can help.

- If you think your kids are feeling stressed – ask them.
- First they will need to calm down so that they can think more clearly. Taking a few deep breaths will help them to relax.
- Ask them how they feel, and why they think they feel that way.
- Next ask them how big the problem is. Listen carefully to what they have to say.
- Help them choose what to do next. Later you can ask if it helped.

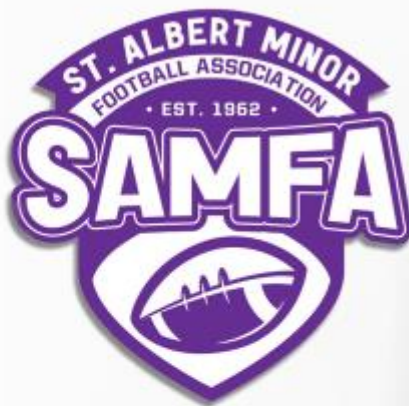


Maria Watkins

School Counsellor - M.Ed in Counselling Psychology (CCC)

Vital Grandin - Tuesdays, Wednesdays & Fridays 11:30a.m. - 3:15 p.m.

Albert Lacombe - Mondays 11:30a.m. - 3:15p.m. & Thursdays 8:10a.m. - 3:15p.m.



Football For Everyone

U8 Novice "Flag"

U10 Atoms "6-on-6" Tackle

U12 PeeWee Tackle

U14 Bantam Tackle

No experience required

**On-Line Registration
Open Now.**

EARLY BIRD DEADLINE: MAY 31

For more information about our exciting
program, visit our website:

www.samfa.ca





Moms

FOOTBALL EXPERIENCE



FREE MOM & CHILD
Football Orientation Day

SATURDAY, MAY 13
11 AM - 3 PM AT RIEL FIELD

*Whether you are an experienced football mom or have a child looking to play football for the first time, **don't miss this opportunity.***

*Open to all players **ages 6-14**, and their moms.*

*Moms & players, come **dressed in active wear** for hands-on demonstrations.*

We will serve lunch & special treats for everyone.

LEARN ABOUT
Game Basics, Field Skills
Equipment Fitting
Safe Contact Tackling
Football Safety: The Mom's
Experience



There is no cost to attend this event, but participation is limited and slots fill up quickly. Details available online. Register now!

www.samfa.ca