WHAT STARTS HERE CHANGES THE WORLD

B.E.A.R. NECESSITIES

Albert Lacombe Catholic Elementary School

AND SPORTS ACADEMY

A NEW ROUTINE FOR SPRING !-- ARRIVAL AT SCHOOL

# Key Dates

Please see page 2 of the newsletter for a visual snapshot of what's happening this month. Please visit our website calendar frequently for changes and look to ahead at upcoming events.

http://www.al.gsacrd.ab. ca/about/calendar

## Hot Lunch Days:

Thursday, Apr. 14 Panago Pizza Friday, Apr. 15 - Edo Japan Thursday, Apr. 21 -Nitza's Pizza Thursday, Apr. 28 -Boston Pizza Friday, Apr. 29 -Extreme Pita

Building independence in children is one of the best ways to alleviate anxiety and allow them to build the skills to become more confident. The level of independence that children can manage certainly differs by age, but it is important for parents to recognize their children's need for independence and support them so they are successful and confident. As parents, we want to model, teach, and gradually step away to allow our children to take over tasks that are manageable for them. The message we give is that we believe they can do it and have faith in them. So, in the morning, we are recommending a quick hug at the school doors or at the bus stop, and then having **all of our K-6 students** to join their friends at the back of the school, and come into their regular doors and take care of organizing their belongings and getting ready for class on their own. PreK children are still able to be walked in by their parents to wait with them until classes start. Children who are not driven or walked to school do this every day and they do it very well. If there is a slight problem, learning to solve this problem on their own or ask for assistance is also a valuable learning experience. The weather is nice, supervision is provided at 8:10 a.m. everyday, and your children get that allimportant 'I know you can do this' message! Plus, you can drop them off in the drop-off zone and have fewer parking hassles!

For afternoon kindergarten classes, please wait with your children at the front door until , instead of around the classroom door. Our  $\frac{2}{3}$  and 1P classes are still in session and we want to minimize any hallway noise for them.

Booster Juice Mondays: Apr. 11 Apr. 18 & Wraps Apr. 25

# April Hot Lunch Orders due April 5

March 23, 2016

seeals.hotlunches.net

Principal: Mrs Joan Tod Vice-Principal: Mr Duane Haves Ph 780-459-4478 www al gsacrd ab ca

# W H A T S T A R T S H E R E C H A N G E S T H E W O R L D

Previous			April 2016			Next
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 Spring Break - No School	2
3	4 Kindergarten - Puppets (in school)	5 SEEALS April Hot Lunch Orders Due	6	7	8 New Life Celebration with Bertha Kennedy School @ St. Albert Parish 9:45 am	9
10	11 Career Week - Career Fair Kindergarten - Glazing Pots (in school) SEEALS Booster Juice School Council Meeting 7:00 pm	12 CCLC Career Week	13 Career Week Sports Academy Open House at AL 7:00 pm	14 Career Week SEEALS Hot Lunch Panago Pizza Gr. 6 Students - Marauder Activity Challenge @ VJM 4:00 pm	15 Career Week - Dress Up Day SEEALS Hot Lunch Edo Japan Pre-K (AM) Drumming Workshop 10:20 am Pre-K (PM) Drumming Workshop 12:10 pm	16
17	18 SEEALS Booster Juice & Wraps	19 5/6L & 6ML Visit from Mayor Crouse 1:30 pm	20	21 SEEALS Hot Lunch Nitza's Pizza Gr. 6 Presentation from Mrs. Watkins on Transitioning to Junior High 1:48 pm	22 PD Day - No classes for students	23
24	25 SEEALS Booster Juice Gr. 5 Immunizations 1:30 pm	26 SEEALS May Hot Lunch Orders Due	27	28 SEEALS Hot Lunch Boston Pizza	29 Carnival - Student Leadership Crazy Hair Day SEEALS Hot Lunch Extreme Pita	30

## GOAL: 1000 ACTIONS TO BATTLE CLIMATE CHANGE - ARE YOU IN?

As you know, our Social Justice project for Lent/Easter is BEARS BATTLE CLIMATE CHANGE. Your child received a purple card to help them record actions to change their lifestyle to battle climate change. Our goal is to collect 1000 Actions from our school community--even more would be fantastic and help build a better future for our children and all humanity! If your child has purple misplaced their card. no Just record their names and worries! actions on a piece of scrap paper or ask them to list them on their gmail account and share them with their teacher or with Mrs. Tod or look up the sheet on our website. After Spring Break, we will tally actions and celebrate our our up progress. Many things count, these tips have been collected by our Gr 5 & 6 student leaders and they have shared them over the intercom and now with you:

- Unplugging chargers for devices when not in use (they still draw power even when the device is not plugged in)
- Switch to LED lights
- Expand your use of St. Albert's green organics bin
- Say no to things you don't really need & try to re-use
- Trade convenience for sustainability by avoiding the use of disposable items and choosing reusable items
- Avoid printing try screen shots or scanning
- Avoiding unnecessary trips in your vehicle, combine trips, walk, use public transit
- Pray for real progress and action by individuals and governments on Climate Change

Every small action adds up and our Earth needs us. Your family plan is setting up your children for a more sustainable future.

## MAY THE FORCE BE WITH YOU!

To the talented and wonderfully generous parents and members of SEEALS and School Council who cooked dinner for our staff on Monday night, just before our Parent-Teacher Interviews! The 'Galactic Menu' and Star Wars decorations were so delicious and 'out of this world'! With such a busy week on our horizon, this dinner warmed our souls, saved us time, and made us feel very appreciated and wellnourished! We even enjoyed leftovers the next day! We are so blessed to have such supportive partners in our parent community. Thank you to: Debbie McLeod, Nette Lopez, Katy Illner, Renee Brassard, Natalie Monette, Candice Frayne, Lisa Shankaruk, Tamara Lightheart, Gabriella Chizholm, Angie Carlson, Stacy Kristjansson, Sam McLean, Treva Eaglesham, Arionna DelGrosso, Heather Haight, Tania Stevenson, Winnie Vanderheide, Jody Mathon, and Taylor Wideman!

New Life Celebration at St. Albert Parish - April 8 @ 9:45 a.m. - Please join us!

Ihrist has Risen

#### PLANNING AHEAD

Our Student Leadership Team is planning a Carnival for students on April 29. This Carnival is a fundraiser for our district's Philippines Partnership Project to build a school in Tacloban City, Philippines, an area devastated by Supertyphoon Haiyan. Our student Leaders organize games for students and the prizes for the games is baking donated by our school community. If you can help by donating some treats for prizes, we would be very grateful! More details to come after Easter. The Grade 2 students have been working hard with Mrs. Michael creating some beautiful pictures for their



**Hoja CD's and Posters** are for sale in the office until April 8<sup>th</sup>. Cd's are \$15 and Posters are \$1.

Register now for the 2016 - 2017 Sports Academy year. We are currently accepting registrations for Hockey, Soccer and Gymnastics-Cheer-Dance. Get your registrations in early! Contact Geoff Giacobbo at 780-459-4478.



We are now accepting Registrations for Kindergarten! \*We are hoping to offer full day kindergarten provided we receive enough early registration commitments. Please share this information with friends and family with kindergarten age children.



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## Irish Dancing

*Kianna 6ML* On March 17, 2016, the students at Albert Lacombe had Irish dancers come

to their school because it was St. Patrick's Day!

The girls were wearing green poofy dresses and the boys were wearing black suits with a red tie. All the dancers were wearing these cool shoes. They all did an amazing job of moving their feet really fast and remembering their dances! Some of the dancers were Irish and some weren't but they still were awesome at Irish dancing. The Albert Lacombe kids had a great time watching the performance. We hope they come again next year!

#### <u>Climate Change</u> Matthew B. 6ML

On February 26, 2016 Jason Lachappelle went to the 6ML class at Albert Lacombe school to do a presentation about climate change.

Jason talked about how humans are ruining the world and how we can fix the world. He showed students a chart about how it got warmer throughout the years and how there was less ice each year. Jason passed around a charger that ran on solar panel energy and he said how we can stop wasting energy. That is some of the stuff Jason told to the students at Albert Lacombe school.



#### ALBERT LACOMBE SCHOOL COUNCIL MEETING Agenda April 11, 2016 7 pm Albert Lacombe Staff Room

- 1. Call to order
- 2. Introductions: 5 minutes
- 3. Prayer: 5 minutes
- 4. Approval of Agenda: 5 minutes (Members may request an item be added to the agenda at this time)
- 5. Review and Acceptance of minutes from the last meeting: 5 minutes
- 6. Business arising from previous minutes: 25 minutes
  - 6.1 Safe journeys update (Duane Hayes)
  - 6.2 Parent Teacher Interview Meal follow up (Winnie Vanderheide)
  - 6.3 Compassionate Friends (Michelle Lutic/Lindsey Pratt)
    - 6.3.1.1. Safeway cards for Syrian families (one funded by SEEALS and one donated by McLeod family)
- 7. Reports: 30 minutes
  - 7.1 Principal's Report (Joan Tod/Duane Hayes)
  - 7.2 School Trustee Report (Rosaleen McEvoy)
  - 7.3 Teacher's Representative (Lindsey Pratt/Michelle Lutic)
  - 7.4 Compassionate Friends (Lindsey Pratt/Michelle Lutic)
- 8. New Business: 5 minutes
  - 8.1 Compassionate Friends (Lindsey Pratt/Michelle Lutic)
    - 8.1.1.1. gift card or donation to "FundMe" website for Brooklyn in Kindergarten at AL in response to request from Mrs Virani to her Kindergarten families (email with link to FundMe link)
  - 8.2 Welcome Back BBQ (Joan Tod/Natalie Monette) date, vendor request (DQ), use SEEALS hot lunch online for orders?, staff at AL to run the BBQ as it is a difficult time to recruit volunteers from school community and they want to enjoy with their families, confirm: school to pay for teachers' meals?, proceeds to whom? (split between AL & SEEALS is one suggestion)
- 9. Next School Council meeting May 16, 2016
- 10. Meeting Adjournment: 5 Minutes



# S.E.E.A.L.S Agenda Society Enriching Education at Albert Lacombe School

## April 11th, 2016 (7:00pm)

1. Call to order

2.	Introductions	
3.	Approval of the Agenda (Members may request an item be added to the agenda at this time)	5 minutes
4.	Review and Acceptance of minutes from the last meeting	5 minutes
5.	<ul> <li>Old Business and/or Business arising from previous minutes</li> <li>5.1 Grade Six Farewell gifts (Heather Haight)</li> <li>5.2 Hot Lunch (Natalie Monette)</li> <li>5.3 Hot Lunch Volunteers (Heather Haight)</li> <li>5.4 Mother's and Father's Day Crafts (Heather Haight)</li> <li>5.5 Art Cards (Natalie Monette)</li> </ul>	20 minutes
6.	SEEALS Treasurer Report (Winnie Vanderheide)	15 minutes
7.	New business 7.1 Volunteer Week- (April 10-16) (Heather Haight)	15 minutes
8.	Announcements and Correspondence	
9.	Next SEEALS meeting –May 16th, 2016	

10. Meeting Adjournment

# Albert Lacombe School Council News

April 2016

#### Our upcoming meetings:

Monday, April 11, 2016

Monday, May 16, 2016

We made some changes to our meetings for the rest of the school year (noted above).

Please join us! Meetings are held at 7 pm in the Staff Room at Albert Lacombe School. All parents of children enrolled at Albert Lacombe School are invited to attend our council meetings and are automatically admitted as voting members of our school council.



School Council Contact: If you have any ideas that you would like to share or items that you would like included in the agenda, please contact the School Council Chair-Natalie Monette at natalie.monette@yahoo.ca

# THANK YOU: Spring Staff Dinner

A long time ago in a galaxy far, far away... there was a group of teachers and School Council & SEEALS members who wanted to thank our parent volunteers who contributed items to the teacher's meal March 21<sup>st</sup>.

Thank you so much! We appreciate the help of Winnie Vanderheide and Debbie McLeod for organizing this fun meal for the teachers during parent teacher interview time.

## Math Game and Reading Program update:

From Mrs. Mary Richard, Grade 2 Teacher (2R)

To our Parent Council.

Thank you so much for the books for my classroom library.

The children will be so excited.

In gratitude.

Mary Richard

School Council is proud to support these programs! Thank you to our families at Albert Lacombe for your support of SEEALS' fundraisers to make this possible.